



Answer the following questions to find out if you are at risk for Obstructive Sleep Apnea.

S (SNORE)

Have you been told that you snore?
YES / NO

T (TIRED)

Are you often tired during the day?
YES / NO

O (OBSTRUCTION)

Do you know if you stop breathing or has anyone witnessed you stop breathing while you are asleep?
YES / NO

P (PRESSURE)

Do you have high blood pressure or on medication to control high blood pressure? YES / NO

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We want you to sleep safely and soundly so you can enjoy a happier, healthier life. Call us today.

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If you answered YES to two or more questions on the STOP questionnaire you may be at risk for Obstructive Sleep Apnea.

The first step toward enjoying a good night's sleep is getting properly diagnosed. At Sleep Wellness Center, all of our sleep specialists are registered or certified in sleep technologies. We will work side-by-side with you from diagnosing your specific sleep issues to finding innovative therapies and solutions.

When you choose Sleep Wellness Center, you'll be pleasantly surprised by how accessible our medical staff is before, during and after your appointments. We'll keep in touch with you to make sure your personal sleep therapy continues to work for you and, you'll be happy to know, there are no charges for follow-up office visits or equipment checks. We accept all insurances, including Medicare.

Sleep Wellness Center

get your ZZZZZZZZ

2700 12th Avenue South Suite B • Fargo, ND 58103
701-235-7424 Toll Free 800-962-8145

1191 South Columbia Road • Grand Forks, ND 58201
701-746-7378 Toll Free 800-962-8145